

Getting Started with Weight Watchers at Long Beach Unified School District

Step 1: Go to <https://wellness.weightwatchers.com>. Enter Employer ID: **12028701** and Employer Passcode: **WW12028701**

Step 2: **Personalize Your Account** and create a username and password.
Note: *This username and password will be used for this registration site only.*

*If you are a current Meetings or OnlinePlus member, click the blue link [Do you already have a WeightWatchers.com account?](#) and enter your existing Weight Watchers username and password to link your account history to this new subscription. You will be asked to enter your current password once you reach **Step 6**. For assistance, please call our Wellness Helpdesk at 866-204-2885.*

Step 3: **Complete your workplace information** and enter your **LBUSD Employee Number (Employee Number Example: "E#####")**. Your Employee Number can be found on your LBUSD paystub, or you can call Risk Management at (562) 997-8234 if you need assistance finding it.

Enter the zip code for the building where you work and click on "find locations" or select a pre-populated work location. If the results do not show your particular work address, you will be asked to enter your building's street address.

Step 4: **Review our product offerings: Meetings, OnlinePlus and Weight Watchers for Diabetes.** If you are looking for At Work meeting locations at your workplace or community meeting locations near your workplace or home, click [Learn More](#) within the *Meetings section or Weight Watchers for Diabetes section*, and proceed to **Step 5**. If you prefer OnlinePlus, click [Learn More](#) within the Online section, and skip to **Step 6**.

To enroll in **Weight Watchers for Diabetes** you must be diagnosed Type 2 diabetic. If you are not diagnosed we would urge you to enroll in the meetings program.

Step 5: **Search for meetings.** If you do not see your At Work meeting listed, simply click *Buy Monthly Pass* next to one of the listed community meetings. **THIS WILL NOT COMMIT YOU TO THIS SPECIFIC MEETING.** Your Monthly Pass will be valid in any community meeting or At Work meeting at your workplace. Your purchase will count toward the 15 people needed to open a meeting at your workplace.* Until your workplace meeting begins or if a workplace meeting is not right for you, you are able to attend meetings in your local community.

Step 6: **Complete your Weight Watchers Subscription Account:**

- A. If you are an existing member, re-enter your current Weight Watchers password (this will finalize your account history linking process) and enter/update the necessary information. If you are a new member to Weight Watchers, proceed to entering more information about you. **Click Next**
- B. **On the next page**, if you are new member, complete your account log in information by re-entering the password** created on the registration site in step 1. If the pre-populated username is not available on this section, please create a new one***
- C. Enter your payment information along with the billing/shipping address
 - a. **Note:** *Shipping address is only required when selecting Monthly Pass or Monthly Pass for Diabetes*
- D. Accept the subscription agreement and click on "**Complete Sign Up**"
 - a. **Note:** If you selected the Monthly Pass offering, print your temporary Monthly Pass for immediate use. Your membership will automatically renew for the subsequent months. A hard copy of the Monthly Pass will be mailed to you each month.
- E. If you have subscribed to [Weight Watchers for Diabetes](#), go to **Step 7**. If not, go to **Step 8**.

***This will be the username and password to use going forward on all consecutive logins to your WeightWatchers.com account to access eTools, Online Subscriptions and mobile applications.*

****In rare instances, the username created in the registration site will not be available in this section.*

Step 7: **Weight Watchers for Diabetes Survey.** On the *Sign Up Confirmation* page, **click next** to be directed to the Diabetes survey. Fill out the survey and **click next** to be directed to the *Consultation Appointment* page to schedule your first appointment with your *Certified Diabetes Educator*.

Step 8: **Attend Meetings or start your program online today!**

If you or any co-worker needs help with any of these steps, please call Customer Service at 866-204-2885.



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